

FOOD TO NOURISH

AUSTRALIA

Degelet nour dates are often referred to as the 'Queen of all dates'. They have a beautiful soft texture and a sweet honey-like taste. Perfect for making bliss balls with.

Nutrition Information		
Servings per package:	20.00	
Serving size:	50.00 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	580 kJ	1160 kJ
Protein	0.9 g	1.8 g
Fat, total	0.1 g	0.2 g
- saturated	0.0 g	0.0 g
Carbohydrate	34.1 g	68.3 g
- sugars	33.2 g	66.5 g
Sodium	1 mg	1 mg

Ingredients: Organic Degelet Nour Dates [100%]

Store pack in cool and dry place below 25C

Warning: date pit fragments may remain

Packaged in Australia from imported ingredients (Algeria)

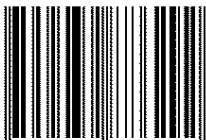
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